



From the
Headmaster

On Sunday, our Head and Deputy Head boys represented the School at the Northwood Service of Remembrance. I was proud to watch them lay our wreath with dignity and respect and it was also good to see so many St John's families.

This week schools across the country have been focussing on 'Anti-Bullying.' We have all discussed this issue in PSHCEE, form times and assemblies. We celebrated how unique we all are by wearing our odd socks and we have been reminding ourselves of the St John's values of being kind and respectful to each other through the theme: 'One kind word'.

Year 8 boys enjoyed some science relaxation after their exams last week. We are all interested in how many calories we burn. Some of Year 5 shared their English descriptive writing from 'Street Child' with me and it was a pleasure to see their passion for the subject.

I was delighted that Year 2 were able to take their trip to Emmanuel Church on Monday. They had a guided tour from Reverend Meathrel who will be presiding over our Carol Service in December.

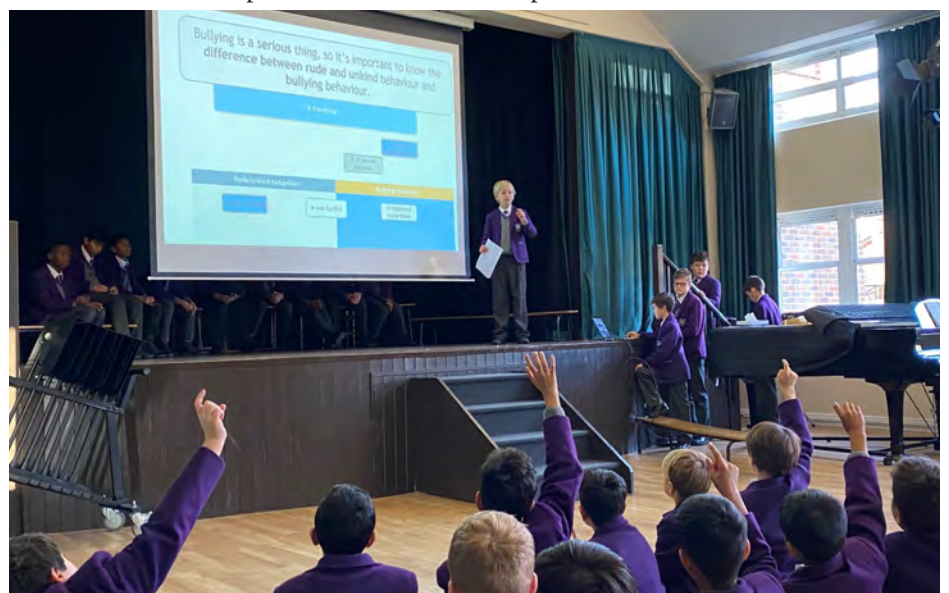
The last seven days have been packed with sport. I have been proud of the U13As performances this season. They have played with determination and gelled as a team. I hope you enjoy reading the sports reports. I look forward to seeing the U8s at Gayhurst this weekend and the musicians at the Northwood Lights Switch On!

S. Robinson

One kind word



Our assembly theme this week has been 'Anti-Bullying'. On Monday Mr Robinson reminded everyone that we should treat others the way we like to be treated ourselves. On Wednesday Ms Maele and 7M boys discussed the theme of this year's 'Anti-Bullying' week - One kind word. The theme was illustrated with dramatic scenes, poems, a film and presentations. The boys delivered their messages very clearly, concisely and dramatically. Ms Maele summed it all up when she said that the theme meant three things to her, that we should think about the impact on other people of the words we say, that we could think about words we can use which give support to others, and that we can use words to talk about a difficult situation with a trusted adult and get support. One kind word can provide a moment of hope for someone.



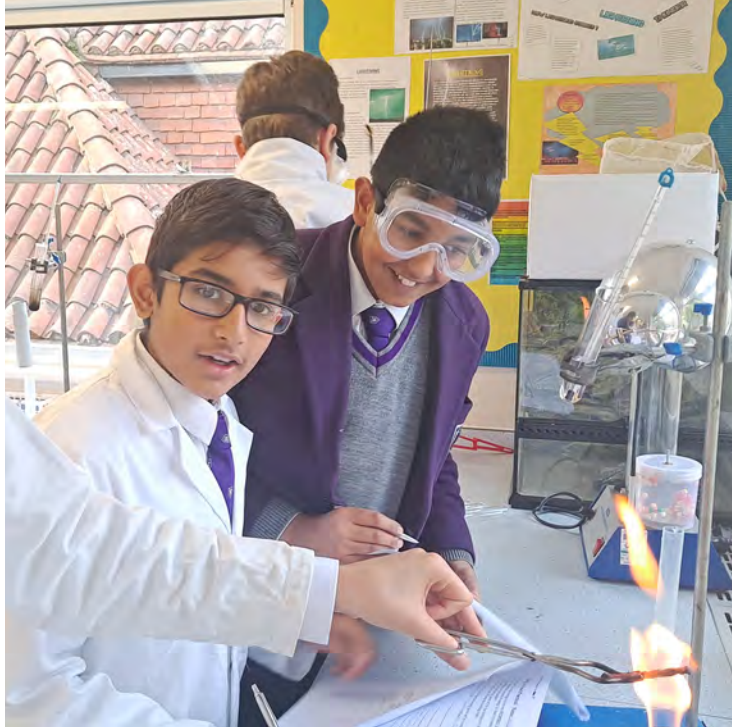
THIS WEEK



Northwood service of remembrance

Last Sunday the residents of Northwood gathered at the War Memorial to remember those who fought and lost their lives in war so that we may enjoy freedom today. Ansh, our Head Boy and his two deputies, Albert and Oscar were proud to represent St John's on this moving occasion. During the Service of Remembrance, they laid a wreath on behalf of everyone at St John's. Thank you to all boys, parents and staff who supported this event.





Year 8 have fun with science experiments

Last week, in a break from their preparations for mock examinations, the Year Eight boys enjoyed some practical work in their Science lesson. The practical was to find the energy in food. The foods they tested were twiglets and crisps and the method used was to see how much energy is given out by burning the samples! The boys learnt a lot about the calories in the crisps as well as having a lot of fun!





Getting together in our Houses

This week we held meetings for all our School Houses. The teachers who have responsibility for each House brought the boys together in various meeting rooms to work with them on various activities. As we get towards the end of the autumn term there are a number of sporting and artistic activities that the boys do in Houses which are a great way to develop relationships across the year groups. They are also a chance for our younger boys to learn from those who have gone ahead of them and for those who are older to develop their coaching skills.





Healthy eating in the Lambs

Rohan's mummy, Miss Vamadeva, came to visit and talk to us about keeping healthy. She told us to remember five things:- Sleep, exercise, healthy eating, suncream and water. We learnt about all the different food groups we should eat from and sorted food items into these groups. We also learnt that our largest organ was skin, which protects us from germs. Lastly, she read us a lovely book called, 'Happy in our skin,' by Fran Manushkin which we got to take home along with some information on diet and sun safety.





Odd socks celebrate our individuality

As part of 'Anti-Bullying' week we all wore odd socks on Monday to celebrate how different and unique we all are. Throughout the week, and especially in assembly, we have been talking about what makes us different. We realised that being different makes us special. If someone is different you can still be a good friend and be kind with your words and actions.





Badgers & Eagles visit Emmanuel Church

This week, Year 2 had the pleasure of meeting Reverend Tim Meathrel at Emmanuel Church in Northwood. The boys had great fun completing a scavenger hunt for points of interest within the church, it was quite a challenge! We found the lectern, pulpit, font and the most beautiful stained-glass windows which we learned were used to tell the story of Jesus long ago.





Badgers & Eagles at Emmanuel Church cont...



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Christmas Raffle

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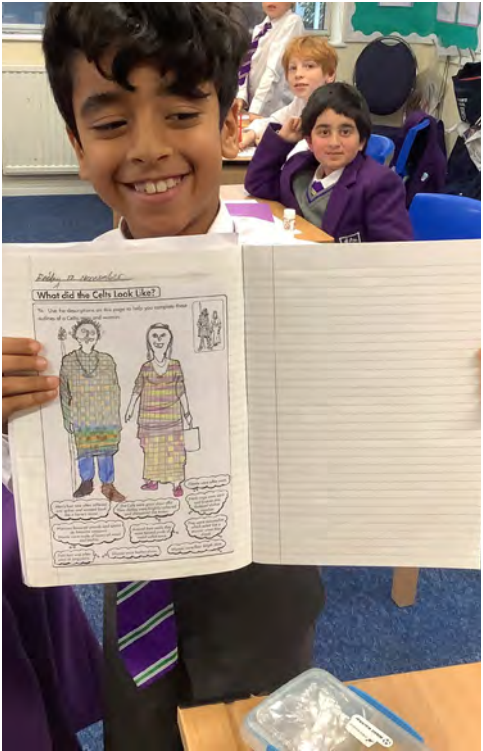
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Celtic History in Year 4

Year 4's topic on the Celts has inspired much enthusiasm. As we inch towards Christmas, we have been learning how the Celts liked to party. The boys were very enthusiastic as they researched Celtic Celebrations and were able to draw some sensible parallels between our lives and theirs. Everyone agreed that we all need to celebrate once in a while!





Autumn craft club

The boys have been inspired by the colours of autumn they have seen on trees around the grounds this week.





Music all around the School

We were delighted to start the week with a superb performance of ‘Regular Reggae’ by Satyen in 7B. His intricate guitar playing was enjoyed by the whole School community.

In class music lessons, highlights this week have included successful explorations of chord sequences using the ukulele in Year 7 as well as accomplished performances from all boys in Year 3, who have all now earned the white belt in their ‘Recorder Karate’ course!

All boys in ensembles are making good progress towards their upcoming performances and we encourage boys to continue practising their music for their various ensembles in order to ensure that they get the best possible experience out of performing in an ensemble.

Our Recorder Consort is enjoying playing recorders of different sizes during Thursday morning break. Any budding young recorder players are of course welcome to join us.





A fabulous week in the D&T workshop

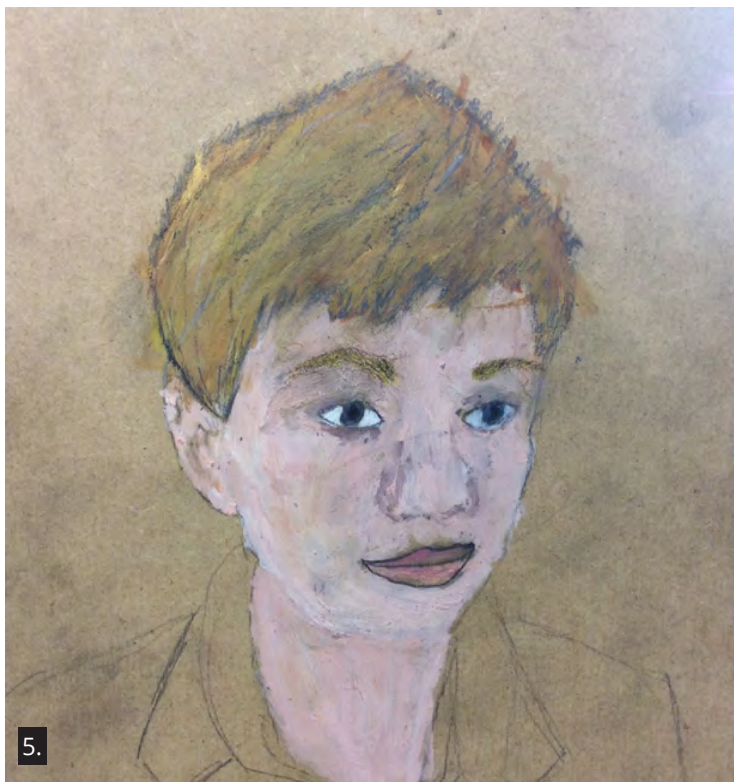
Year 5 show off their amazing graphical communication skills while Year 3 learn the CAD skills to use the 3D printer.





Clay food and selfies in Years 7 and 8

1. Anek in 8J has made a giant cookie using air-dry clay. Yum! 2. Year 7 has been working on their self-portraits. George L in 7M is pictured with his. 3. These colourful patch-work cushions have been sewn by boys in Year 5. 4. Oscar is pictured with his completed clay ice-cream. 5. This is a self-portrait of George R in 7M.





U13 St John's Rugby Festival – 17th November

On a glorious day with clear blue skies, our opening match was against St John's Beaumont B team. Each match was 12 minutes with a one-minute break, and the team got off to a good start. Blake opened the scoring with a great run from inside his own half and outsprinted the defence. Our forwards dominated the contact area and launched numerous attacks with Amos, William and Zac powering their way through the opposition defenders. Our passing and link play was very good, and we started to find gaps for players to go through and score tries. Scorers: Thomas 1, Blake 3, Jacob 1



Against the Oratory Senior School, we played some very good rugby and defended very well. We went close with a touchdown that was just held up and then Oratory Senior then ran the length of the pitch to score. However, the St John's side knuckled down and started to win the contact area and drive the opposition back in the tackle. Great line speed in defence made it harder for the Oratory Senior to go forward. Again, good support play led up tries from Oscar, William and Nayan. A good team effort. Scorers: Oscar 1, William 2, Nayan 1



A much tougher match against Davenies saw both teams physically challenging each other in the tackle and contact area. Some excellent lead up plays from both sides meant a tight game where any one break would have resulted in a winning try. Great defence from Jacob, William, Oscar, and many others stopped Davenies from scoring. A good result for the St John's rugby team. Scorers: Blake 1, Jacob 1,



We made a great start in our final match against St Albans when Jacob got the ball inside his own half and powered his way through to score the opening try. From a ruck, St Albans left the ball for us to pick up and again Jacob ran to the try line to score. The team effort was a joy to watch with players passing, rucking, and off-loading in attack. Our defence remained firm and Jacob went blind to score another try. In the second half, St Alban's came back strongly scoring two tries. But overall, this was a tremendous effort to win our final match. Scorer Jacob 4. The St John's side played extremely well and the spirit and support from all the players was exceptional. Many congratulations to all the players for their efforts in this festival.



Colts teams take on St Paul's

Colts A vs St Paul's A: Although having little possession, the team started well in defense conceding only one try in the first ten minutes. We did have opportunities to build our own phases but we must look after the ball better to make the most of these. The first half ended 20-0 but in the second half the team passed more attacking the wider spaces. Unfortunately we couldn't maintain forward momentum adding further pressure. Valuable reminders and back to basics, ready to enjoy another opportunity against UCS today. Keep working, keep learning and keep enjoying your rugby boys.



St John's Colts C vs St Paul's E: We started well with strong running and moving the ball making it hard for the opposition to tackle us. However, they passed superbly and had us chasing back for last ditch tackles. St John's made many more tackles stopping St Paul's from scoring. Our link play allowed us to keep the attacking movement going and we were able to score some good team and individual tries. In the end, we were just too strong, a great team effort. Scorers: Vivek 1, Alexander 1, Mehul 4, Hrishi 2, Mustafa 1, James 1, Harry 2, Ebi 1.



Colt's B vs St Paul's B: We played a very good game against a well drilled opposition. St Paul's put the pressure on from the start and we found it challenging to stop their big ball runners. The boys didn't give up and recognised that a double tackle would be more effective in stopping their main runners. St John's looked dangerous with ball in hand and creating the overlap out wide easily. Our support runners created an additional problems as we kept the ball with passes into space. A very good effort. Try Scorers: Freddie, Matthew, Joshua, Ali.



Colts D vs St Pauls: St John's put in the best performance of the season. From minute one the boys attacked with great intent, constantly breaking from tackles. Defensively we tackled well ripping the ball from St Pauls. Kayhan captained well but all the boys showed great leadership. Aiden scored his first try of the season with a fantastic run. The boys kept their defensive shape throughout the game racking up plenty of tackles. We were dangerous from penalties, carrying the ball well throughout. Ethan was unlucky also not to score as he carried the ball the length of the field breaking through multiple tackles only to get stopped just short of the try line. All in all it was a fantastic performance and a win the boys thoroughly deserved.



U10s at the Gayhurst festival

U10 A The team had a brilliant festival. Gayhurst showed some brilliant off-loading skills and solid defence with some lessons for us in passing more frequently before being tackled. Thorpe House showed some brilliant defence and some good running. Better communication could see us scoring more tries. Our final opponents Gateway had brilliant runners and some strong defenders. They passed well and at the right times. Max scored in all three games but the team can learn to off-load more and tackle lower. *Report by Aarush P*



U10 C Gayhurst's large squad meant they were able to rotate players regularly. After struggling to keep hold of the ball we reverted to our physical game with Saavan, Dhilan and Taarun running direct and keeping the ball. Our distribution was limited, giving our runners less time on the ball however, Kyal, Shrey, Arun and Rishi gained vital metres. Milan and Iraj used their feet well creating try scoring opportunities. In defence, James and Dhilan were immense, making numerous try-saving tackles in the 2nd game and leading the defensive line up well. Man of the match – Shrey



U10 B All three matches of this festival proved challenging. Gayhurst scored tries through a combination of powerful running and quick recycling. St John's were never out of the game and came back strongly. This theme continued with the team working extremely hard in the remaining two matches. The closest game was against Gateway, where St John's were just beaten in a really competitive encounter. Very well done to all of the team for their spirit and enthusiasm. Man of the tournament goes to Theo for his outstanding work in defence.



U10 D Against Gayhurst the boys discovered that the opposition had a secret weapon... girls! Being fine young gentlemen our boys did not quite know how to handle themselves and erred on the side of caution, often escorting them over our own try line. Gateway was more traditional affair with a very open and closely contested game during which Charlie and Neil excelled themselves. Agastya also had a very good tournament, running in three tries, as did Charlie. Our final match was against Thorpe House, who were very strong and had more of an appetite for the physicality of the game than we did. Well done to the boys on their efforts.



U9s against Gayhurst and Davenies

U9 A A strong start against Davenies with forward momentum resulting in early tries. In defence, the team tracked their support runners understanding and respecting the offside line which was good. Scorers: Teddy and Micah. We started slowly against Gayhurst whose running and off-loading was hard to defend. The second half was much better with the team started building their own momentum scoring no less than 7 tries. Scorers: Teddy, Hari, Yash, Micah, Dylann, Lucas



U9 C St John's struggled in the defensive line in the first game against Davenies. Tackles were good but we struggled to re-align. We attacked well with some great support play and space out wide. Against Gayhurst we fixed the problems working well as a team and pressing forward. Our attacking structure was better as we found width whilst running. A good performance from the boys. Well done! Scorers: Rian, Nathan, Kyhan 3



U9 D2 We edged a close encounter against Davenies. The defensive line was good and the improvement was a delight to see. Some great running and support play produced fluent attacks and some good tries from Aarav P and Kian. The match against Gayhurst was comfortable with the group attacking well and tries were shared. Aarav K scored his first of the season, Om scored and attacked brilliantly as did all the boys. Well done.



U9 B We started well against Davenies with good running and excellent support play. Oliver scored a good try with some good link play amongst Dev, Yuva and Arnav. In the second half, Davenies came back strongly but good defence stopped them scoring. Scorers: Ryan 1, Dev 1, Oliver 2. Against Gayhurst we ran well but needed to pass the ball earlier. Our defence was excellent, and we never gave them the chance to score. Moving the ball earlier led to tries and we finished strongly. Well done! Scorers: Oliver 4, Dev 2, Nikhil 1, Alex 1, Eliot 1



U9 D1 The boys competed well and showed great fight implementing what we have worked on in training. Luca showed incredible attacking, Aren showed his development by running and looking to offload. In defence the boys got better as the afternoon went on however, we still need to make sure we continue to keep our defensive line shape as we go through the phases. Well done on a great effort





U8s against The Beacon and Davenies

U8 A The Beacon's quick passes sliced through our defence easily but with ball in hand, we scored some well worked tries. We were down by two at the half, but limited their try scoring opportunities. Against a strong Davenies we conceded early on. We reacted to their bunched formation and tightened our defensive line to force a turnover, get the ball back quickly and we could have scored. Well done through both games. Scorers: Ronnie, Ehsaan, Aikam, Deven, Dillan



U8 C Against The Beacon and Davenies, both rugby schools, we showed good displays of running rugby. Defensively we left some holes which were exploited with quick tries. When we were attacking with ball in hand we started to run forwards and there were support runners available for the quick pass which was good to see. It was great to see the progress from the last game. Keep it up boys, well done! Scorer: Vir



U8 E A very close match against the Beacon was entertaining with Veyron's speed securing two tries for St John's. The second match against Davenies was another closely contested game, but on this occasion they had some runners who successfully attacked around the outside. In defense, we will aim to hold our positional channels better to defend with great success. Well done the mighty Elephants! Keep it up!



U8 B A good even match against The Beacon with St John's running well and scoring some very good tries. In defence we made some good touches and the Beacon had to work very hard to score against us. Running straighter and moving the ball earlier will help our attack. Against Davenies we ran well with the ball and scored tries fluently. We moved the ball before contact allowing all players to run with the ball and attack out wide. Well done! Scorers: Niam, Aarav, Rishi



U8 D The boys played 2 fantastic games winning the first vs The Beacon 3-1 and narrowly losing the second 2-1 against a strong Davenies team. The boys showed some great defensive discipline and the tagging and defensive line was very good in both games. Everybody contributed and our attacking play showed glimpses of quality. Spread out using the width of the pitch and we will be a force to be reckoned with. Well done!





OUTLOOK




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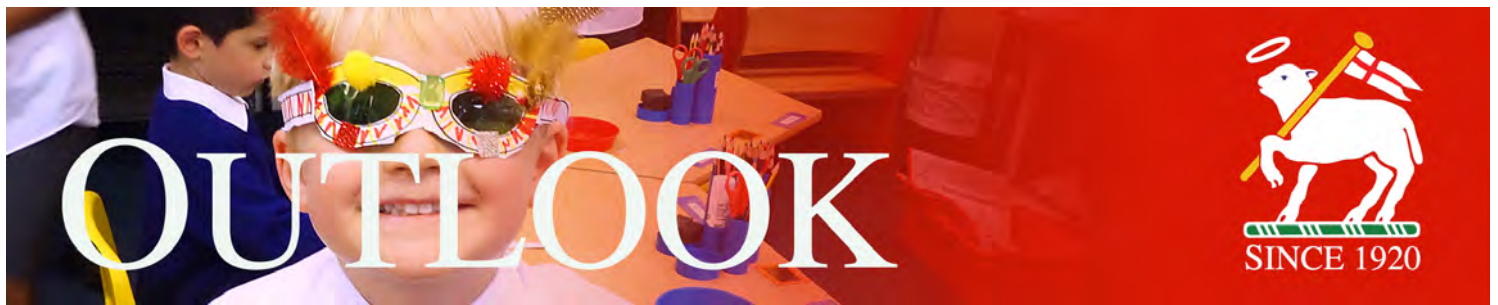
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Calendar & important dates Contact details

Saturday 20th November: Gayhurst U8 A Tag Rugby Tournament (9.00am)

Northwood Hills Big Switch-on (4.00pm)

Monday 22nd November: Rugby v St Martin's: U13 A, U12 A (h) (3.15pm)

Tuesday 23rd November: Year 8 Parents' Evening (6.00pm)

Wednesday 24th November: Rugby v Haileybury, Caldicott: U13 A (h) (2.30pm)

Thursday 25th November: Nasal Flu Vaccinations (Reception to Year 7)

Science Quiz Club Heat (1.00pm)

Rugby v UCS: A, B, C, D, E (h) (2.30pm)

Year 8 Parents' Evening (6.00pm)

Friday 26th November: St Albans Rugby Festival U10 A (a) (9.00am)

Rugby v The Beacon: U10 B, C, D (a) (2.15)

Sunday 28th November: Senior Drama Rehearsal (10.00am – 1.00pm)

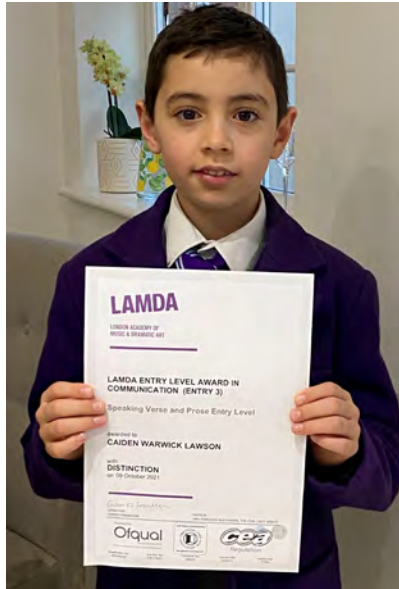


Photo of the week: Congratulations to Caiden who received a distinction in his LAMDA exam.

Updates: Please continue to visit www.st-johns.org.uk for all the latest information on sports fixtures and results. The website will have announcements in case of emergency.



You can also follow us on twitter @stjohnsnorthwood and our sports department @StJohnsNwSport

Mailings: If you have received The Lamb from someone else and would like to be sent your own copy each week, please email: Lamb Editor. Let us know your contact details and you will be added to the list.

Photographs: We cannot always be on hand every event with a camera and rely on photographs from parents and supporters. Do please continue to send in pictures to lambeditor@st-johns.org.uk for inclusion in The Lamb. Many thanks.

Notices and reminders

Northwood Hills Big Christmas Switch-on: On Saturday 20th November at 4.00pm outside the Namaste Lounge on Joel Street, the St John's Brass Band and Senior Choir will be playing and singing at the Northwood Hills Big Christmas Switch-on. Do come and support this community event.

St John's Association Christmas Raffle: The SJA needs your help. Please donate gifts, vouchers or hampers for the Raffle. You can drop your donations into the School office. Contact Gaby - gaby222@me.com or 07970 954521. Thank you.

Arts Evening: Our annual celebration of the Arts will be a pre-recorded the event on 2nd December and you will be able to enjoy the performances via our YouTube channel. The boys are excited to show you what they have achieved this term.

Carol Service: Again, due to Covid concerns we shall be live streaming the Carol Service at 2.30pm on Monday 13th December from Emmanuel Church in Northwood. Unfortunately, there will be no congregation and no service in the evening. More details to follow.

Kruger Sports Camps: Bookings are open for our December Camp with specialist sports days for cricket, football and

Court Sports between 16th - 22nd December. We end with a Christmas themed dress up day! For more information, see www.krugercamps.co.uk

Christmas Bazaar: Unfortunately, Covid concerns mean we are having to cancel this event. Instead there will be an on-line raffle (see left) and on-line quiz as last year.

Raising Boys in a Digital Age: A Parents' Guide – webinar 29th November 2021: There are still places to hear Dr Kathy Weston talk about this increasingly important topic. Find our more and register [here](#)

Stem Den: Bookings are open for December for children aged 5 to 13 to learn about STEM through a theme-based day at St John's School. Visit the website to see the programme of events www.stemden.co.uk We take childcare vouchers!

Votes for Schools: Last week's question: should we learn about politics Yes 84.2%, No 15.8%.

House Points: 1st Lincoln 43.89, 2nd Churchill, 43.11, 3rd Oates 41.44, 4th Lawrence, 41.30

Have a great weekend